



System Goal: All students will develop and apply social and emotional learning strategies to become resilient, flourishing, self-aware individuals.

School Goal: To improve' students' social and emotional wellbeing through strategies focused on increasing levels of optimism, happiness, and gratitude.

2017-2018 Objectives:

- 1. Students' will understand what optimism, happiness, and gratitude is, what it looks like, and what it sounds like.
- 2. Students, staff and parents will understand how feelings of optimism, happiness, and gratitude impact well being.
- 3. Staff and parents will use strategies for fostering feelings of optimism, happiness, and gratitude.

Rationale:

Evidence and information considered in identifying this goal

Social and emotional well-being is associated with greater motivation and achievement in school, as well as positive outcomes later in life including post-secondary education, employment, healthy lifestyles and physical and psychological well-being. As social and emotional competencies optimism, happiness, and gratitude:

- enable students to respond efficiently and effectively to the challenges faced in school, and everyday life
- enhance student capacity to learn and develop the skills necessary to deal with life's challenges

Evidence:

Data considered (Provincial, District, School)

Key Indicator:

Middle Years Development Instrument (MDI): Grades 4&7

Other indicators:

Early Years Development Instrument (EDI) Provincial Satisfaction Survey Results Student Behaviour Reporting





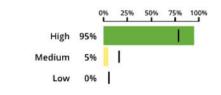
Success/Results

Let's celebrate our success! Wood School is doing a great job of creating a positive school climate.

Grade 4

SCHOOL CLIMATE

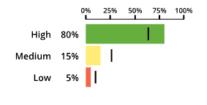
The overall tone of the school environment, including the way teachers and students interact and how students treat each other. e.g. "People care about each other in this school."



Grade 7

SCHOOL CLIMATE

The overall tone of the school environment, including the way teachers and students interact and how students treat each other. e.g. "People care about each other in this school."



2017/18 Targets

1. Maintain 80% or greater of students who report high levels of positive school climate.





Wood School's 2017/2018 Goal - Improving Student Well Being

2017/18 Targets Expected results

WELL-BEING INDEX

The Well-Being Index consists of measures relating to children's physical health and social and emotional development that are of importance during the middle years: Optimism, Happiness, Self-Esteem, Absence of Sadness and General Health.

Scores from these 5 MDI measures are combined to correspond to three categories of well-being: 'Thriving,' (experiencing 'High' well-being), experiencing 'Medium to High' well-being, or 'Low' well-

High Well-Being (Thriving) Children who are reporting positive responses on at least 4

of the 5 measures of

well-being.

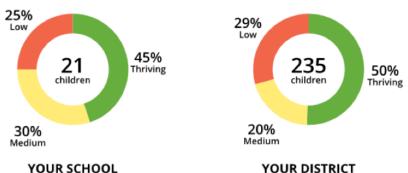
Medium to High Well-Being

Children who are reporting no negative responses, but fewer than 4 positive responses.

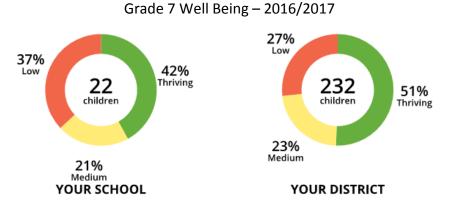
Low Well-Being

Children who are reporting negative responses on at least 1 measure of well-being.

Grade 4 Well Being - 2016/2017



YOUR DISTRICT



^{*}This trend has been relatively consistent when looking at the MDI data over the last four years.

2. 50% or greater of students in Grade 4 score in the thriving category of the well being index.

3. 50% or greater of students in Grade 7 score in the thriving category of the well being index.





Organizing for Improvement

Strategies and Structures

Wood School already has a number of strategies and structures in place to support the social emotional well being of our students. Some of these include:

- Efficient and well functioning self Regulation
 Room
- Positive Behavior Support Systems and supports in place
- Staff who are skilled at creating a positive and welcoming school community.
- Track every student. Academic and Behavior Progress.
- Engaged Parent Community
- A team approach to supporting students

- Large number of After School Programs.
- A morning welcoming routine.
- Breakfast club
- Student Leadership
- Attendance tracking
- Value cultural diversity and acceptance
- Very physically active school
- Outdoor learning opportunities

What new strategies, practices or structures will we introduce

- Strategies to create a common language and understanding of well being competencies;
 Optimism, Happiness, and Gratitude.
 - o Monthly virture/well being focus
 - o Announcements
 - o Bulletin Board
 - o Classroom activities focused on well being competencies
- Strategies to nurture behaviors that demonstrate positive well being
 - o Ticket system to create a routine of acknowledgement and encouragement
 - o Celebrating role models who demonstrate positive well being
 - o Recognizing students at assemblies, announcements and on bulletin boards
 - Weekly staff gratitude sharing
 - o Sharing staff and parent cues and phrases that promote positive well being:
 - "I am grateful for..."
 - "What was the best part of your weekend?"
 - "What are you looking forward to?"





Communication

- School plan and goals will be reviewed at PAC Meeting
- School plan will be shared online with our school community
- Time dedicated to reflecting on and sharing strategies related to our goals at every staff and PAC meeting.
- Regular newsletter items related to promoting well being
- MDI data will be shared with our staff, students and parents